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**INSTITUTE SPORTS COUNCIL 2024-25**

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**UNTIL. VICTORY. ALWAYS.**

**MID-TERM WORK REPORT**

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## **Admin and Infrastructure**

- **Common Council:**
- **Project Proposals sent to Dean ACR office to utilise Nandan Nilekani funds:**
  - **These proposals were presented to Mr. Nandan Nilekani and Director as well.**
  - a. Development of Hockey Astro-Turf.
  - b. Padel Sport courts construction.
  - c. Cricket Indoors mat and pitch refurbishment.
- **Permission to open Gymkhana till Midnight:**
  - a. Discussed with Dean SA and Director, received a soft approval from them.
  - b. Currently, logistics and workforce requirements are being finalised.
- **Gymkhana Lightings replacement with LED:**
  - a. Lawn Tennis and Outdoor Basketball courts' lights changed to LED
  - b. Currently work is going on for the Cricket, Football, and Hockey field.
  - c. Work completion expected in 12-14 days.
- **New SAC Gym:**
  - a. New flooring to be installed in New SAC Gym.
  - b. Approved by Dean SA, samples received from vendors. Work order to be given in October.
  - c. Gym AMC renewal approved, Quotations to be received from vendors.
  - d. Female Gym trainers included in the new trainers' contract, contract to be awarded soon.
- **Inter-IIT Team:**
  - a. Subsidy for Inter-IIT Team players has been increased by 100% for them to purchase good quality equipment and shoes for practice and matches.
  - b. Inter-IIT messing arrangements done in Hostel 9 mess. Contingent kit order placed. An extra sleeveless warm fleece layer is added to help players in Low Temperature conditions.
  - c. Kho-Kho and Kabaddi teams were also given the same kits this year, as they have been representing IIT Bombay at Udghosh/Spardha for the past several years now. We plan to include the Ultimate Frisbee team for the same kits next year onwards.
  - d. Pre-Camp messing to start next week.
  - e. 2 Contingent Leaders appointed to look after regular practice sessions of teams, coordinate with Captains for any issues faced and organise Inter-Team fitness and bonding sessions on a regular basis.
  - f. Budget sanctioned for all the teams to purchase Inter-IIT equipment.
- **Recruitment of Coaches:**
  - a. Recruitment done for Part-Time coaches in Table Tennis, Kho-Kho, Ultimate Frisbee, and Sport Climbing on a 1- year contract basis.
  - b. Recruitment of Physiotherapist under process, will be recruited within next 2 weeks, this process is taking longer than expected due to some administrative disputes.

- **AMC for institute playfields:**
  - a. AMC for the institute playfields initiated with the quoted budgetary requirements.
  - b. Yet to be approved by authorities, expected to be approved by October end and work order to be given by November first week.
- **Lockers at several sporting locations:**
  - a. Locker installation at Volleyball, Table Tennis and Squash courts approved.
  - b. Order to be placed next week. Lockers to be installed by October end.
- **Sports Shop:**
  - a. Space approved by the space committee earlier.
  - b. Tender to be floated soon, shop expected to open by January first half.
- **Digitisation of entry at various Sporting Venues:**
  - a. Approval granted for digitisation of entry at the Swimming Pool and Gym.
  - b. Apparatus ordered. These two facilities will have digitised entry by next week.
  - c. In the second phase, entry at all Indoor sporting locations will be digitised in the next semester.
  
- **Sport-wise:**
- **Aquatics:**
  - a. Water-Polo Goal Post repaired by the estate office.
  - b. Chlorine Filtration Pump repaired.
- **Athletics:**
  - a. New SandPit construction orders given, to be completed within 10 days.
  - b. Throwing Cage quotations received, work order to be given in 10-14 days.
  - c. Approval for reparation of Throwing pit with Estate Office
- **Basketball:**
  - a. Reparation of broken fences started in outdoor Basketball courts.
- **Board Games:**
  - a. Charging ports and Ceiling Fans installed in the board games room.
- **Cricket:**
  - a. New boundary ropes procured.
- **Football:**
  - a. Safety Net installation approval with the Estate Office.
- **Indian Games:**
  - a. Kho-Kho Poles re-installed after they were broken.
- **Lawn Tennis:**
  - a. Reparation of Seating Area - Vendor finalised, work to be started soon.
- **Table Tennis:**
  - a. Storage room constructed in the Table Tennis Hall.
- **Weightlifting:**
  - a. Window AC installation approved for Weightlifting room, Old SAC.
- **Sport Climbing:**
  - a. Sport climbing area was covered with a proper shed this year and temporary lights were installed.
  - b. Approval sent for the procurement of new Mats for Sport Climbing.
- **Ultimate Frisbee:**
  - a. Introduction of Ultimate Frisbee NSO with a batch of 16 students.

# **Events and Workshops**

## **• Sports Camps**

### **• Inter-IIT Preparatory Summer Camp**

- Summer camp was conducted for a period of 2 months to prepare teams for the 57th Inter-IIT Sports Meet in the below listed sports:
  - Aquatics
  - Athletics
  - Badminton
  - Basketball
  - Board Games
  - Football
  - Hockey
  - Indian Games
  - Squash
  - Table Tennis
  - Volleyball
  - Weightlifting

### **• Go Girls Go!**

- Conducted beginner workshops in the below listed sports to promote and upskill the female sporting community of IIT Bombay
  - Table Tennis
  - Cricket
  - Kabaddi
  - Kho-Kho
  - Hockey
  - Badminton
  - Weightlifting

## **• Girls General championships**

- Inter-hostel General Championships for girls were conducted for following sports:
  - Badminton
  - Kho-Kho
  - Chess
  - Table Tennis

## ● Fitness Workshops

### ● Quincena Fitness Workshop Series

- Conducted a 14-day spanned workshop series that included total of 8 sessions comprising of Self-Defense, Zumba, and Weight Training

### ● Self Defence Workshop

- Conducted 2 day self defence workshop for all the female residents of the institute to promote personal safety and well-being

### ● Regular Tai-chi Sessions

- Conducted regular Tai-chi sessions throughout the month of October to promote relaxation, balance, and overall healthy well-being

### ● Regular Zumba sessions

- Conducted regular Zumba sessions, May to September to promote dance fitness within the institute.

### ● Pilates Session

- Conducted Pilates demo classes to gauge the interest of students and staff in this fitness activity. After a positive response and feedback, we plan to start with regular sessions soon

## ● Other events

### ● Spoofit

- A new concept, Spoofit was launched to redefine the way conventional sports are played. The first edition saw 3 sports: foot-volley, foosball and hand & brain chess

### ● PG Sports Mania

- The third edition of the event conducted to cater to the PG community of IITB saw increasing participation; held across 17 sports

### ● General Championship Opening Ceremony

- This opening ceremony was conducted to handover the trophies to the winners of the previous edition and mark the beginning of the Sports General Championship 24-25. The ceremony attracted many enthusiastic students who came to cheer for their hostel.

### ● UG Freshers' Orientation

- Conducted the UG Sports Freshers' Orientation which witnessed an overwhelming participation of 800+ UG freshers. A formal introduction was given to all sports officers, coaches, sports council and managers. Details regarding all the sports venues and timelines of events were shared.
- Girls Induction - A separate induction session was organised for fresher girls at the swimming pool.

- **Blackcats Expedition (100 Days to Go)**

- With 100 days to go to the 57th Inter-IIT Sports Meet, the entire contingent took a trek in the Andharban jungle covering a distance of approximately 15 km. This trek was carried out for the teams to have a chance to bond with players from all other sports and bring in a sense of unity as the Blackcats begin to intensify their journey towards the overall championship.
- 160+ players participated in the trek.

- **National Sports Day**

- On the occasion of National Sports Day, a mixed hockey tournament was conducted to celebrate the birthday of Major DhyanChand. The event witnessed 6 teams battling it out over 2 days in the indoor nets.
- Additionally, full body checkup scans were also arranged in the indoor courts. These 2 minute scans analysed various important aspects of the body and suggested ways to improve upon them. An overwhelming response was seen in the number of people who turned up for these scans. A total of 450+ students had their body assessment done.

- **Cyclothon**

- Conducted in collaboration with Hostel Affairs council in the Swacchata Pakhwada event.

- **Club events:**

- **All India Chess League 6.0:**

- Conducted online on a large scale, with 50+ colleges and 1500+ players participating.
- Hosted an online speaker session with IM Rakesh Kulkarni.

- **Treks:**

- 2 Treks were organised by the Adventure Club:
  - Aadrai Jungle Trek - 90+ participants
  - Rajmachi Fort Trek - 150+ participants

## **Media, Creatives, Tech and Journalism**

- **Podcast**

- An exclusive IITB Sports podcast series where the alumni who were involved in sports share their experiences and the culture of sports in IITB at their times in the institute. Teaser for the podcast launch is already been released and the 1st episode will be live by the end of October

- **Freshie Handbook**

- A guide to various events and workshops organised by the Institute Sports Council. All the details about sport specific events, team practice timings, contact details of the coaches and respective sports secretaries were mentioned.

## IIT Bombay PG Sports

### Events -

Event	Details
Boys GC	<ul style="list-style-type: none"> <li>● <b>PG GC for Chess, Carrom, TT and Volleyball</b></li> </ul> <p>All GCs were conducted successfully with the help of Organizing Secretaries and Institute Sports Secretaries</p> <ul style="list-style-type: none"> <li>○ Winners will be awarded with medals, trophies and certificates</li> <li>○ Player of GC in each game</li> <li>○ Glimpse of GC on social media</li> </ul>
Girls GC	<ul style="list-style-type: none"> <li>● <b>PG GC for Chess, Carrom and TT and Volleyball</b></li> </ul> <p>All GCs were conducted successfully with the help of Organizing Secretaries and Institute Sports Secretaries</p> <ul style="list-style-type: none"> <li>○ Winners will be awarded with medals, trophies and certificates</li> <li>○ Player of GC in each game</li> <li>○ Glimpse of GC on social media</li> </ul>

<i>Event /Work</i>	<i>Details</i>
PG Sports Orientation	<ul style="list-style-type: none"> <li>● Organised by PG Sports council with a footfall of 250+ freshmen</li> <li>● Designed and released the PG Sports handbook detailing rules and necessary contacts for each sport.</li> <li>● Prizes were distributed from the funds approved.</li> </ul>

## **38<sup>th</sup> Inter-IIT Aquatics Meet and Udghosh'24**

- **Silver** in Water Polo and **4<sup>th</sup>** overall position in Men's swimming (1 Gold and 4 Silver medals)
- **UDGHOSH -**
  - **2 Gold, 3 Silver, 2 Bronze** medals in Athletics
  - **Bronze** medal in Badminton men's team event
  - **1 Silver, 1 Bronze** medals in Weighlifting
  - **1 Silver** medal in Powerlifting